



PURELAND→EAST→WEST  
COMMUNITY SHUTTLE

JUNE 2017

## ON THE ROUTE...AND MORE

To celebrate the 2<sup>nd</sup> Anniversary of the Pureland East-West Community Shuttle and to thank our loyal riders, from **Monday, June 5, to Friday, June 9**, we will have **Rider Appreciation Week**, with **no fares collected**. Please tell a friend to join in this celebration and ride the shuttle!



### SEEKING HELP-WHERE TO START:

The **Heart of South Jersey** "Resource Central" provides a single port of entry for information, assistance and guidance to help navigate the maze of help providers and agencies in South Jersey. Accessing the Heart Services is easy:

1. **Scan** the QR above or go to <http://heartsj.org/what-we-do/transportation.html> to gain access to information you can use.
2. **Connect** with a Heart Information Specialist through the online **Heart Chat Line** at [www.heartsj.org](http://www.heartsj.org)
3. **Call** the **Heart Phone Line** at **856-579-8252** and speak with a Heart Information Specialist
4. **Text** "ask heart" to **66746** with your question or request.
5. Search the Heart **Resource Directory** which can be accessed on [www.heartsj.org](http://www.heartsj.org) or download the Resource Directory to your mobile device.
6. **Message** the Heart at <https://www.facebook.com/heartsjersey/>
7. Visit the **On the Route and More** newsletter archives and connect to the **Shuttle Schedule** on [www.heartsj.org](http://www.heartsj.org)



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In speaking with some of the shuttle drivers and riders it seem that Angelo's Diner located just a few yards from shuttle **stop #5** at Main Street and Rowan Blvd is becoming a popular place.

Angelo's is a small diner located just across the street from the new Glassboro Town Square. Not only can you get a good inexpensive breakfast, lunch or dinner, but they also do a big business with takeout. Angelo's was just named the "Best Diner" in Gloucester County by NJ.Com.



Shuttle Stop #8



**HOURS**  
 Monday: By Appointment  
 Tuesday: 10:00 AM-8:30 PM  
 Wednesday: 10:00 AM-8:30 PM  
 Thursday: 10:00 AM-8:30 PM  
 Friday: 10:00 AM-4:30 PM  
 Saturday: 10:00 AM-4:30 PM  
 Sunday: Closed



Library patrons can make an appointment with a professional librarian for an individual session that lasts up to an hour. Sessions can be used for research advice, instruction on internet searching, or help with resumes and job searching. Times are scheduled based on staff availability.

Email the Reference Department at [reference@gcls.org](mailto:reference@gcls.org) or call 856-223-6050 today to make your appointment. Let us know your topic and preferred times.

Librarians Can Help You Find an Answer

**Email Reference**  
 Send your question via email to [reference@gcls.org](mailto:reference@gcls.org). You will receive a response within 24 hours.



**Telephone Reference**  
 Speak to a librarian at the Mullica Hill Branch Reference Desk during business hours or leave a voice mail. (856) 223-6050.

**Text / SMS Reference**  
 The Mullica Hill Branch Reference Department can be contacted by texting: START to (856) 270-7883. A Reference Librarian will respond via return message as time permits during normal business hours.



Technology Training  
 June 2017



Gloucester County Library System  
 389 Wolfert Station Road  
 Mullica Hill, NJ 08062  
 856-223-6000  
[www.gcls.org](http://www.gcls.org)



FREEHOLDER DIRECTOR  
 Robert M. Dammingier  
 FREEHOLDER LIBRARIAN  
 Lyman Barnes

## Summer Reading Program 2017

Readers of all ages are invited to join GCLS for our 2017 Summer Reading Program! Children and adults can read or listen to any book they choose and enter to win prizes each week! Don't miss out on helping to build a better world, and having some summer fun!

### Signups begin June 24

More info at [www.gcls.org/SRP2017](http://www.gcls.org/SRP2017)

The Gloucester County Library System (GCLS) complies with all state and federal rules and regulations and does not discriminate on the basis of age, race, creed, color, national origin, ancestry, marital status, affectional or sexual orientation, gender identity or expression, disability, nationality or sex in admission to, access to, or operations of its programs, services, activities or in its employment practices. In addition, GCLS encourages the participation of people with disabilities in its programs and activities and offers special services to all County residents 90 years of age and older. Inquiries regarding compliance may be directed to [A05@usdoj.gov](mailto:A05@usdoj.gov)

Technology Training Calendar 2017



GCLS Mullica Hill Library  
 June Adult and Maker Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat			
				1	2	3			
Register online at <a href="http://www.gcls.org/calendar">www.gcls.org/calendar</a> or call the library at (856) 223-6050.				What is 3D Printing? 11:00 am Container Gardening 6:30 pm		Saturday Crafts! Paper Roses 11:00 am			
4	Mullica Hill Crochet Club 1:00 pm	5	Buttons! Buttons! 3:30 pm Genealogy Club 4:00 pm	6	7	8	9	10	
11	Mullica Hill Crochet Club 1:00 pm Crafting with Kelly 6:30 pm	12	Game Design 6:00 & 6:45 pm Writers Roundtable 6:30 pm	13	Blender Render 7:00 pm	14	15	16	17
18	Mullica Hill Crochet Club 1:00 pm	19	Arduino Hack Night 6:30 pm	20	All Levels Yoga 6:30 pm Sketchbook Pro 7:00 pm	21	22	23	24
25	Mullica Hill Crochet Club 1:00 pm	26	Photo Editing 6:00 & 6:45 pm Writers Roundtable 6:30 pm	27	Art with Erika 7:00 pm	28	29	30	What is a Digital Media Lab? 3:30 pm Essential Oils 7:00 pm
									Color Pencil Club 12:30 pm
									Starting a Business in New Jersey 6:30 pm
									What is a Digital Media Lab? 11:00 am
									Summer Reading Kick-Off 12:00 pm



GCLS Mullica Hill Library  
 389 Wolfert Station Road  
 Mullica Hill, NJ 08062  
 (856) 223-6080  
[www.gcls.org](http://www.gcls.org)



Robert M. Dammingier, Freeholder Director  
 Lyman Barnes, Freeholder Librarian



***Heart of South Jersey***  
and  
***The Center for People in Transition***  
present  
**Life Skills Workshop**  
**(June 2017)**

Continue on the path to an improved well-being! To Register: Call **856-415-2222** or email [peopleintransition@rcgc.edu](mailto:peopleintransition@rcgc.edu). Call ASAP! **NO CHARGE!**

*All classes located on the campus of:  
Rowan College at Gloucester County, 1400 Tanyard Road, Sewell, NJ 08080*

**Effective Parenting and Positive Discipline:  
Moving from Chaos to Connection**

Shift from chaos to connection in your family as you enhance your knowledge of effective parenting strategies that eliminate power struggles and exhaustive battles. This two-part workshop series will provide information about positive discipline strategies that parents can use to help their children improve their behavior at all stages of development. The goal of this series is to offer parents the skills and support they need to create harmony at home and help children build confidence through example-led guidance.

**Mondays, June 5 & 12, 2017 6:30pm-9:00pm**

*Jessica Jolly, Associate Professor, Psychology*

Sponsored by ***Heart of South Jersey*** and ***People in Transition***



## ON THE ROUTE...AND MORE (CONT.)



## PURELAND EAST WEST COMMUNITY SHUTTLE

**Topic:** Emerging Trends in Substance Abuse

**Presented By:** The Gloucester County Addictions Task Force

**Description:** A full day course providing the latest information on legal and illegal drugs. Course will cover a variety of topics including prescription drug abuse, vaping, marijuana, heroin and more. Parents will learn what to look for, and how to talk to kids about drugs in an effective way. The course ends with a panel of experts ready to answer your questions.

**Cost:** FREE  
**Date:** August 9, 2017  
**Time:** 8am-9am Registration and Breakfast  
Session: 9am-3pm

**Location:** Mullica Hill Library  
389 Wolfert Station Rd,  
Mullica Hill, NJ 08062

**Meals:** Breakfast and Lunch will be provided

**To Register:**  
<https://emerging-trends2.eventbrite.com>

**Course:** Family Stories of Hope & Recovery

**Presented By:** Mental Health Association in N.J., Inc.: Mental Health Players

**Description:** Please join us to hear stories of hope and recovery from our fellow residents. Additionally, you will see a performance, from the Mental Health Players, depicting family coping strategies, and the individual experience of mental illness. These stories will inspire you to continue your road to recovery and change-work, begin the journey, or help a loved one. During the day you will also gain information about how to take the first steps to receive help, and have to opportunity to interact with our panel of experts at the end of the session.

**Cost:** FREE  
**Date:** August 23, 2017  
**Time:** 8am – 9am Registration and Breakfast  
Session: 9am-3pm

**Location:** Mullica Hill Library  
389 Wolfert Station Rd,  
Mullica Hill, NJ 08062

**Meals:** Breakfast and Lunch will be provided

**To Register:**  
<https://hope-and-recovery.eventbrite.com>

The County of Gloucester complies with all state and federal rules and regulations and does not discriminate on the basis of age, race, creed, color, national origin, ancestry, marital status, affectional or sexual orientation, gender identity or expression, disability, nationality or sex in admission to, access to, or operations of its programs, services, activities or in its employment practices. In addition, Gloucester County encourages the participation of people with disabilities in its programs and activities and offers special services to all County residents 60 years of age and older. Inquiries regarding compliance may be directed to the EEO officer at (856) 384-6903 or through the County's ADA Coordinator at (856) 384-6842/

## Gloucester County Mental Health & Addiction Summer Sessions



Sponsored By:

Gloucester County Board of Freeholders  
Robert M. Damming, Freeholder Director  
Giuseppe (Joe) Chila, Deputy Freeholder Director  
Jim Jefferson, Freeholder Liaison

Gloucester County Mental Health Board  
Gloucester County Addictions Task Force  
Gloucester County Municipal Alliance  
Governor's Council on Alcohol and Drug Abuse



**All summer sessions will accommodate 35 individuals, if interested please register as soon as possible.**

**Topic:** Emerging Trends in Substance Abuse

**Presented By:** Gloucester County Addictions Task Force

**Description:** A full day course providing the latest information on legal and illegal drugs. Course will cover a variety of topics including prescription drug abuse, vaping, marijuana, heroin and more. Parents will learn what to look for, and how to talk to kids about drugs in an effective way. The course ends with a panel of experts ready to answer your questions.

**Cost:** FREE  
**Date:** May 10, 2017  
**Time:** 8am-9am Registration and Breakfast  
Session: 9am-3pm

**Location:** Mullica Hill Library  
389 Wolfert Station Rd,  
Mullica Hill, NJ 08062

**Meals:** Breakfast and lunch will be provided

**To Register:**  
<https://emerging-trends.eventbrite.com>

**Course:** Mental Health First Aid – Part I

**Presented By:** Neal Stephens, NJ Disaster & Terrorism Branch

**Description:** Members of the public who enroll in local Mental Health First Aid trainings learn a five-step action plan to help loved ones, colleagues, neighbors and others cope with mental health problems. Similar to traditional First Aid and CPR, Mental Health First Aid is help provided to a person developing a mental health problem or experiencing a crisis until professional treatment is obtained or the crisis resolves. Mental Health First Aid is an empirically-backed public education and prevention tool – it improves the public's knowledge of mental health problems and connects people with care for their mental health problems.

\*You must attend both the May 24<sup>th</sup> and June 14<sup>th</sup> session to receive certification in Mental Health First Aid\*

**Cost:** FREE  
**Date:** May 24, 2017  
**Time:** 8am – 9am Registration and Breakfast  
Training: 9am – 1pm

**Location:** Mullica Hill Library  
389 Wolfert Station Rd,  
Mullica Hill, NJ 08062

**Meals:** Breakfast will be provided.

**To Register:**  
<https://gc-mh-first-aid.eventbrite.com>

**Course:** Mental Health First Aid – Part II

**Presented By:** Neal Stephens, NJ Disaster & Terrorism Branch

**Description:** Members of the public who enroll in local Mental Health First Aid trainings learn a five-step action plan to help loved ones, colleagues, neighbors and others cope with mental health problems. Similar to traditional First Aid and CPR, Mental Health First Aid is help provided to a person developing a mental health problem or experiencing a crisis until professional treatment is obtained or the crisis resolves. Mental Health First Aid is an empirically-backed public education and prevention tool – it improves the public's knowledge of mental health problems and connects people with care for their mental health problems.

\*You must attend both the May 24<sup>th</sup> and June 14<sup>th</sup> session to receive certification in Mental Health First Aid\*

**Cost:** FREE  
**Date:** June 14, 2017  
**Time:** 8am – 9am Registration and Breakfast  
Training: 9am – 1pm

**Location:** Mullica Hill Library  
389 Wolfert Station Rd,  
Mullica Hill, NJ 08062

**Meals:** Breakfast will be provided.

**To Register:**  
<https://gc-mh-first-aid.eventbrite.com>



## Southwest Green Chile-Chicken Pasta Salad

You can whip up this show-stopping layered pasta salad in minutes!

### *Ingredients*

- 1 box Betty Crocker™ suddenly Pasta Salad™ Southwest pasta salad
- 1/3 cup mayonnaise
- 3 tablespoons milk
- 1/4 cup canned Old El Paso™ chopped green chiles
- 4 cups chopped green leaf lettuce
- 1 lb chopped cooked chicken breasts (about 2 breasts)
- 1 large tomato, chopped
- 1 avocado, pitted, peeled and chopped
- 4 green onions, chopped
- 1 cup shredded Mexican cheese blend (4 oz)

### *Directions*

- Cook pasta as directed on box. Drain and rinse in cold water.
- In medium bowl, beat mayonnaise, milk, green chiles and seasoning packet (from salad mix box). Add pasta; toss.
- In large bowl, place half of the lettuce. Top with half of the pasta mixture, and half each of the chicken, tomato, avocado, green onions and cheese. Top with remaining lettuce and other remaining ingredients. Serve immediately.

**Prep Time: 10 min**

**Total Time: 25 min**

**Servings: 8**



ON THE ROUTE...AND MORE (CONT.)



PURELAND EAST WEST  
COMMUNITY SHUTTLE

Open to all and  
ALWAYS FREE!  
www.glassborofsc.org



110 East High Street  
Glassboro, NJ 08028  
856-347-4338  
[fscgloucester@gmail.com](mailto:fscgloucester@gmail.com)  
Walk-In M W F 11am-5pm  
Hours Tu Th 11am-7pm  
Some Saturdays

June 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Interested in being a part of the Community MOSAIC PROJECT?? Give us a call 856-347-4338!</p>			1 Mosaic Project At Rowan University 5:00pm –7:00pm	2 English as a Second Language (Intermediate) 11am-1pm	3 Teen Painting Party! 11am-2pm
			5 A.C.C.E.S.S 2pm-4pm	6 Beginner ESL 12:00pm-2pm  Kinship Navigator Info Session 5:30pm-6:30pm	7 Crochet Circle 11am-12:30pm
12 Computer Basics 11am-12pm	13 Beginner ESL 12:00pm-2pm  Safe in the Sun! 5:30pm-6:30pm	14 Kids' Zone: Reading Circle 3:30pm-4:30pm	15 Father's Day Fun! 5:30pm-6:30pm	16 English as a Second Language (Intermediate) 11am-1pm	17 CENTER CLOSED
19	20	21	22	23	24
****Community Mosaic Project****					Coffee and Crafts 10:00am-12pm
Computer Basics 11am-12pm	Beginner ESL 12:00pm-2pm  Couples Connection 5:30pm-6:30pm	Crochet Circle 11am-12:30pm	CENTER CLOSED	English as a Second Language (Intermediate) 11am-1pm	
26 Mosaic Project  Computer Basics 11am-12pm	27 Family Cooking Class 5:00pm-6:30pm	28 Kids' Zone: Art Imagination 3:30pm-4:30pm	29 Family Movie Night 5:00pm-6:30pm	30 English as a Second Language (Intermediate) 11am-1pm	

ON THE ROUTE...AND MORE (CONT.)



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<http://heartsj.org/what-we-do/transportation.html>