



RESOURCE CENTRAL

JULY 2018

[Calendar](#) [ABC](#) [Contact Us](#)[www.heartsj.org](http://www.heartsj.org)

## SUMMER LEARNING



Photo by [Hannah Rodrigo](#) on [Unsplash](#)

Parents.com wants you to know about [13 Sneaky Ways to Keep Your Kids learning This Summer.](#)

These suggestions are all interactive and great for family bonding. Here's the list:

1. Ask kids to create their own board games.
2. Plan "surprise adventures"
3. Teach your kids how to play chess
4. Hop on the bus (take different modes of transportation)
5. Tap into music (have kids rewrite lyrics)
6. Play with tangrams
7. T each with movies (movie critiques)
8. Have your kids design book covers - or

## JULY-AUG WORKSHOPS



### Safety Awareness and Self-Defense

Self-defense helps prepare you for unexpected situations and helps develop increased mental and physical health. Take the first step in self-defense by learning the importance of safety awareness. In this workshop, we will discuss risk avoidance, mental and physical preparedness, pre-assault indicators, and threat assessment, as well as the basic principles of self-defense

**Date:** Monday, July 9  
**Time:** 6:00—8:00 pm  
**Presenter:** Officer Justin Walker, Washington Township Police Department

other designs

9. Go letterboxing or geocaching (treasure hunts)

10. Get kids reading

11. Have a "Kids in the Kitchen" day

12. Encourage building for boys and girls (see the article for a list of materials you can use)

13. Fuel your kids passions

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## FAIR PLAY



Photo by [Andrea Enríquez Cousiño](#) on [Unsplash](#)

New Jersey Monthly has compiled a list of fairs throughout the state. Below is a summary of fairs coming to South Jersey this summer (click on headings for more information):

### Atlantic County 4-H Fair

**Dates:** August 9-11

**Location:** David C. Wood 4-H Center & Fairgrounds on Route 50 in Mays Landing

**Price:** free; \$4 parking

### Burlington County Farm Fair

**Dates:** July 17-21

**Location:** Burlington County Fairgrounds, Springfield Township

**Price:** admission is free; \$10 parking donation per car; ride tickets cost extra

*Registration info below*

### Internet Safety: Protecting Yourself Online

In this workshop, you will learn useful tips for keeping yourself and your family safe while browsing the internet. Tips will include: avoiding computer viruses, evading scams, safe shopping, and the importance of passwords to protect yourself. It will also provide you with some helpful tips for monitoring your children's computer use as well.

**Date:** Thursday, July 26

**Time:** 6:00—8:00 pm

**Presenter:** Amy Charlesworth, BA, People in Transition

*Registration info below*



### Tips for a Successful Interview

You've got the interview, now what? Securing an interview in today's market is, in itself, a major victory. Close the deal by getting that job! What you do before, during and after the interview can make a big difference. Join us for information and tips on how to successfully navigate a job interview.

**Date:** Thursday, August 30

**Time:** 6:00—8:00 pm

**Presenter:** Nancy Howard,

## Camden County Fair

**Dates:** September 22-23

**Location:** Lakeland Complex, Blackwood

**Price:** Free parking and admission

## Cape May County 4-H Fair

**Dates:** July 19-21

**Location:** 355 Court House South Dennie Road,  
Cape May Courthouse

## Cumberland County Fair

**Dates:** July 3-8

**Location:** Cumberland County Fairgrounds,  
Millville

**Price:** \$10

## Gloucester County 4-H Fair

**Dates:** July 26-29

**Location:** 4-H Fairgrounds, 275 Bridgeton Pike  
(Route 77), Mullica Hill

**Price:** \$10 parking donation, good for all four  
days

## Salem County Fair

**Dates:** Aug 7-10

**Location:**

**Price:** free; \$10 per vehicle for all 4 days;

B.S. Accounting, M.S.  
Human Resource  
Management, People in  
Transition

*Registration info below*

**Registration for these  
workshops is  
MANDATORY.**

Workshops are held at:  
Rowan College at  
Gloucester County  
1400 Tanyard Road,  
Sewell, NJ 08080\

**Register by calling:**

People in Transition  
856-415-2222

or email

[peopleintransition@rcgc.edu](mailto:peopleintransition@rcgc.edu)

## **JUNE ABC: PEOPLE FOR PEOPLE FOUNDATION**

Over the past several years Heart SJ has highlighted people or organizations in the community that have gone Above and Beyond the Call (ABC) in our monthly newsletter. This month we are going to begin highlighting the organizations that make up The Heart of South Jersey. For July, 2018 we will introduce you to the lead agency, The People for People Foundation.



## PEOPLE FOR PEOPLE

People for People started out in 2003 as a simple one year Mullica Hill Rotary Club project. The goal was to assist 12 normally self-sufficient families in different ways that were

experiencing a difficult time in their lives. To be able to do so the Rotary Club held fundraisers and sought small donations from the business community. However, when word of the project went public, the club was overwhelmed with calls for help.

[Read more here](#) about the ways People for People is giving back to their community.



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