



RESOURCE CENTRAL

AUGUST 2018

[Calendar](#) [ABC](#) [Contact Us](#)www.heartsj.org

Vacations and Staycations

Photo by [Sharon McCutcheon](#) on [Unsplash](#)

Staycations

Hopefully August will bring more sunshine, but parents.com has some great suggestions for things you can do in your own hometown if you can't get away this summer. One suggestion is to hold an [outdoor movie night](#), complete with popcorn, blankets, and movie posters.

Another great staycation idea is to be a tourist in your own town:

- Visit historical sites
- Try a new restaurant
- Take a bike ride through a new neighborhood
- Send postcards

You can also try out these [5 Rainy Day](#)

AUGUST WORKSHOPS

Please note: Due to multiple commitments, the Heart will not be holding the annual **Touch-A-Truck** event for 2018.

If you are interested in future events, please sign up on our email at the bottom of this page. You can still view [photos](#) from prior events. Thank you to everyone who has attended in the past and expressed interest in future events.

Resume Writing

Learn how to create the perfect resume and show prospective employers you are the ideal candidate for the job! If you have a resume, bring it with you! If you do NOT have a resume, email us at kwilso22@rcgc.edu or call 856-415-2222 for a Personal Data Form, which you will complete and email or mail back to us by Monday, August 20, 2017. We will create a draft of a resume for you and give it to you at the beginning of the workshop. Don't miss this opportunity to learn how to get your resume noticed and to increase the chances of getting

Activities:

1. Create an instant story
2. Write a script and videotape it
3. Create a mini museum
4. Create a "pretend play" box
5. Have a scavenger hunt in the house

Local Travel

Some examples from [17 Summer Travel Hacks to Make Family Vacations Less Stressful](#):

- Pack kids' outfits in bags – complete a bag with socks, underwear, etc. for stress free days)
- Give your kids something new to play with
- Pack simple finger foods
- Bring backpacks with games for each kid
- Bring wipes

Summer Corn Chowder**INGREDIENTS**

- 4 cups chicken stock
- 4 cups water
- 4 potatoes, peeled and cubed
- 1 sprig thyme
- 1 teaspoon celery seed

that interview!

Date: Thursday, August 23
Time: 6:00—8:00 pm
Presenter: Nancy Howard, B.S. Accounting, M.S. Human Resource Management, People in Transition

Registration info below

**Tips for a Successful Interview**

You've got the interview, now what? Securing an interview in today's market is, in itself, a major victory. Close the deal by getting that job! What you do before, during and after the interview can make a big difference. Join us for information and tips on how to successfully navigate a job interview.

Date: Thursday, August 30
Time: 6:00—8:00 pm
Presenter: Nancy Howard, B.S. Accounting, M.S. Human Resource Management, People in Transition

Registration info below

Registration for these workshops is MANDATORY.

Workshops are held at:
 Rowan College at Gloucester County
 1400 Tanyard Road,
 Sewell, NJ 08080\
Register by calling:
 People in Transition
 856-415-2222
 or email

peopleintransition@rcgc.edu

- 2 tablespoons butter
- 1 onion, peeled and chopped
- 2 cups cream
- 3 cups cooked corn, canned or fresh
- Salt and pepper to taste

INSTRUCTIONS

Combine chicken stock and water in soup kettle. Add potatoes, thyme, and celery seed; bring to a boil, reduce heat, cover, and cook 15 minutes or until potatoes are tender. As potatoes cook, melt butter in skillet. Saute onion until transparent. When potatoes are done, add onion to stock along with cream and corn. Season with salt and pepper. Heat but do not boil.

YIELD: Serves 6-8

<https://www.almanac.com/recipe/summer-corn-chowder>

AUGUST ABC: PEOPLE FOR PEOPLE FOUNDATION



This month we are highlighting another member of the Heart of South Jersey team, The Gloucester County Senior Corps, headed up by Helen Antonucci. Serving Gloucester County since 1972, Senior Corps has become a much-appreciated resource and asset to Gloucester County.

Senior Corps is a network of national service programs for Americans 55 years and older that takes a different approach to improving lives and fostering civic engagement. Gloucester County Senior Corps volunteers commit their time to address critical community needs including academic tutoring and mentoring, elderly care, disaster relief

support, and more.

[Read more here](#) about how Helen and her team are serving both the Gloucester County community and honoring the experience that seniors bring to their community.



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