



RESOURCE CENTRAL
SEPTEMBER 2018

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Rainy Day Activities



As of this writing, September is off to a rainy start. But Real Simple has come to the rescue with these [14 Fun Things to Do on a Rainy Day](#) that you can enjoy as a family. Here are just a few ideas:

- [Create a Family Recipe Book](#) - You can use any kind of scrapbook, journal or index cards, and attach photos from meals you've enjoyed, scrapbook stickers, ribbon, etc.
- [Camp Inside](#) - Set up a small pop up tent for your kids or create a tent by draping sheets over the sofa. Put an airbed, pillows or sleeping bags inside and include a homemade "picnic".
- [Invent a \(No-Batteries\) Game](#) - progressive word game, improvised poetry, or imaginary monster (see article for details).
- [Mini-Marshmallow Popping Contest](#) - this game involves paper cups (solo

SEPTEMBER WORKSHOPS



How to Search and Apply for Jobs

Finding a job in today's technological world is not an easy task, and figuring out what to do once you have found one can be just as challenging. In this workshop, Amy Charlesworth, Case Manager Assistant for People in Transition will acquaint you with the online job application process, including filling out an application online, attaching your resume and creating an online profile. Popular job search sites like Indeed and ZipRecruiter will be discussed, along with the

cups?), balloons, and marshmallows. We haven't tried this but it sounds like a lot of fun!

School Lunch Ideas



[100+ School Lunches Ideas the Kids Will Actually Eat](#) contains a plethora of cool ideas including combinations you probably haven't thought of like hardboiled eggs, zucchini muffins, string cheese, goldfish crackers and blueberries, all nicely divided in a container that looks like a bento box. There are ideas for superhero themed lunches, a chicken slider, PB&J Shushi and so much more. The ham and cheese pinwheels pictured above got our attention!

[41 Quick & Easy School Lunch Ideas to Pack for Your Kids](#) includes the Elvis Burrito (peanut butter, bacon, and bananas on whole wheat wrap), smashed chickpeas with pita, and panzanella salad (a good way to use up leftover veggies). There is a good cultural mix and sampling for any palette - from tortiallas and souvlaki to meatball sliders and Italian hoagies!

SEPTEMBER ABC: Center for People in Transition



proper use of social media to support your job hunting process.

Date: Thursday, September 20

Time: 6:00 - 8:00 pm

Presenter: Amy Charlesworth, Case Manger, Center for People in Transition

Registration info below



Intro to Computers

Join People in Transtion's own Amy Charlesworth fora a 40-hour workshop series covering an introduction to Microsoft Word, Excel and PowerPoint. The cost of the workshop is \$40 for displaced homemakers and \$100 for non-displaced homemakers.

Date: Fridays, September 28 thru November 16

Time: 9:30 am - 2:30 pm

Presenter: Amy Charlesworth, Case Manger, Center for People in Transition

Registration info below

Registration for these workshops is MANDATORY.

Workshops are held at:
Rowan College at
Gloucester County
1400 Tanyard Road,
Sewell, NJ 08080\
Register by calling:

Gloucester County has been the home of a unique and much needed resource for 35 years. Our featured ABC for September 2018 is The Center for People in Transition, a Heart of South Jersey partner and a New Jersey Displaced Homemaker Center, conveniently located on the campus of Rowan College at Gloucester County in Sewell.

People in Transition
856-415-2222
or email
peopleintransition@rcgc.edu

A displaced homemaker is a woman who has been dependent upon the income of another while providing unpaid caregiving services in the home, but is no longer supported by that income as a result of divorce, separation, death, disability or deployment of the provider. They must now transition to the work world and do so in a time of extreme crises. These women are often emotionally and/or vocationally unprepared to enter the workforce.

[Read more here](#) about how the Center for People in Transition can offer support through career and education, psychological, legal resources, social service referrals and financial information.



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